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**London Forum**  
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# This is me!

- I grew up in London but now I live in Norwich
- I like going to the beach and spending time in my new caravan
- I have been a social worker and worked in housing and worked for the health service as a commissioner



# The Personalisation Team

- I am a member of the Personalisation Team in the Learning Disability Programme at NHS England
- There are 4 regional advisors and our team manager. I cover London
- What do you think personalisation means?



# What does personalisation mean?

- person-centred and the person says what they need
- people being in control of their own lives
- people having choices about their support
- People having the lives they want
- Having a job, a home, friends, family, love, fun....



# My job is...

- Help health and care organisations to be person-centred for people with a learning disability, autism or both
- Help plans for people who live in special hospitals or might go into one
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- We'd like more people to have a Personal Health Budget (their own amount of money) to pay for their health care



# I talk to people about...

Advocacy and self-advocacy

People having support from the people in their lives (not just services)- peer support

Co-production

Examples of good person centred support- share good ideas and stories

Personal health budgets



# How the Forum might help

1. Do you know anyone who would like to tell their story about moving out of hospital?
2. Do you have an example of good person-centred support?
3. Do you have a good example of co-production?

# My contact details

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