

Food banks

Free food for people who need it



Food banks give free food to people who cannot afford to buy it.

Food banks are run by local people.



Vouchers



You will need a voucher to get a food parcel.



Your local food bank can tell you how to get one.



If you need food in an emergency your food bank may give you a voucher.

Some now deliver to your doorstep. Others ask you to collect.



To find a food bank near you phone free

0808 208 2138

Monday to Friday 10am to 4pm