

## Why should I do a rapid lateral flow test?



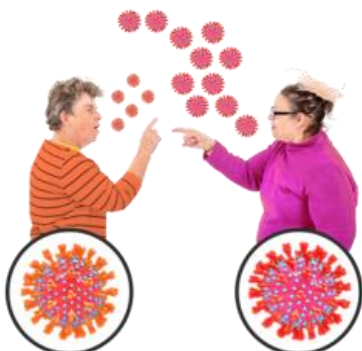
A rapid lateral flow test is a test you can do to see if you have coronavirus.



You can do the test at home or at a rapid lateral flow test centre.



Lots of people who have coronavirus do not know that they have it because they do not show any symptoms.



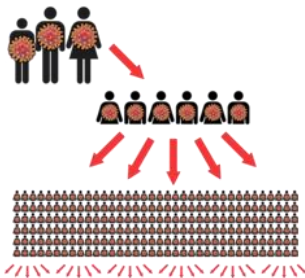
They might spread coronavirus to other people.



The government wants lots of people to do rapid lateral flow tests so that people can find out if they have coronavirus.



The government want people to do a rapid lateral flow test 2 times a week.



This will help to stop coronavirus spreading to lots of people.



You should only do a rapid lateral flow test if you do not have any of the main coronavirus symptoms:

- a cough
- a high temperature
- a loss of taste or smell



You can find out how to do a rapid lateral flow test [here](#).



If you feel nervous about doing the test, you can ask someone you trust to be with you.



To do the test, you have to put a long stick called a swab in your mouth and up your nose.



If you find it difficult to do the test, you can ask someone to help you.



When you have done the test, you get the results in 30 minutes.



If you get a positive result from the lateral flow test, or if you have coronavirus symptoms, you should self-isolate and have a PCR test.



PCR stands for polymerase chain reaction. It is a different sort of coronavirus test.



You can book a PCR test [here](#)

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