



What was said at the London Regional Forum

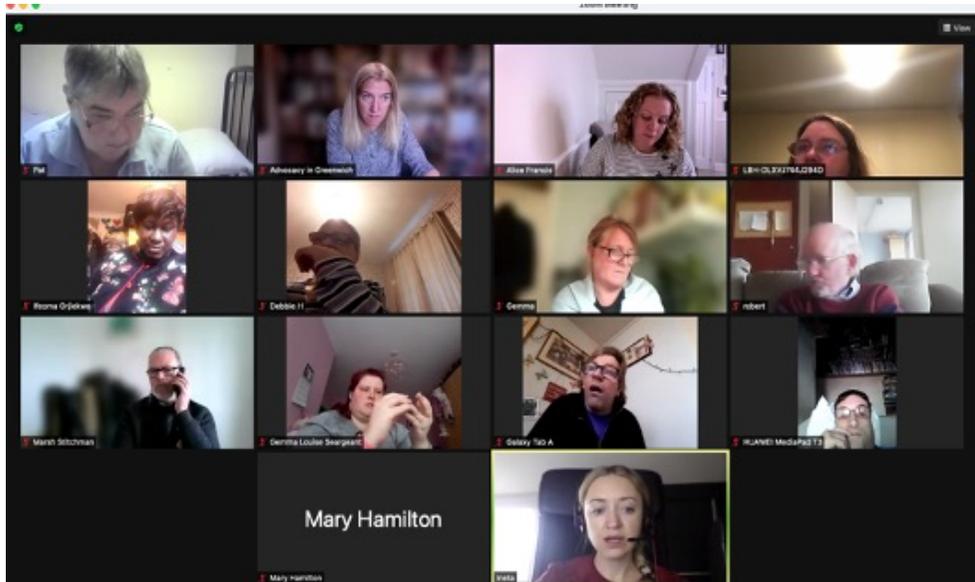
14th December 2021

Hello and Welcome



**Robert and Maria
co chaired the meeting**

Who else was at the meeting



People came from:

- Barking and Dagenham
- Greenwich
- Hackney
- Lewisham

We looked at what was said at the last London Regional Forum in September



<https://advocacyingreenwich.org.uk/wp-content/uploads/2021/11/minutes-September-2021.pdf>

Ineta Miskinyte introduced herself



Ineta is the Learning Disability and Autism Lead for the Association of Directors for Adult Social Services (ADASS).

Ineta told us about her job and how she wants to work with people with a learning disability in London.

Maria told us about Patient Participation Groups

A Patient Participation Group (PPG) is a group of patients, carers and GP practice staff who meet to discuss practice issues and patient experiences to help improve the service.



All GP Surgeries should have one.

The group should be representative of everyone who uses the surgery, including people with a learning disability.

Patient Participation Groups - we asked

1. Has anyone every heard of them?

- 1 out of 9 people had heard of them



2. Is anyone part of their GP surgery's Patient Participation Group?

- No

3. If you were asked would you want to be part of the group?

- Everyone said they would like to be part of their patient participation group.

Your Top 5 tips for GPs

Breakout Rooms



You worked in groups to come up with your top 5 tips for GPs about how they can provide a good service to people with a learning disability.

Your Top 5 tips for GPs

Group 1



1. Listen and have patience
2. Give us extra time
3. Have a better understanding of people with a learning disability
4. Let us know if our doctor changes
5. Explain things so we understand

Your Top 5 tips for GPs

Group 2



1. GPs should listen more to people with a learning disability
2. We do not see enough easy read information – not any!
3. You can't book an appointment in person and it's hard to book online
4. Explain things so we understand – medical language is hard
5. There should be more staff – the waiting times are too long

Your Top 5 tips for GPs

Group 3



1. Don't rush us
2. It is important we understand about tablets and medication – explain things better
3. Wear a face mask
4. When we phone up there is always a queue
5. There has been bad communication about the vaccines



Goodbye

Robert and Maria said
goodbye and wished
everyone a Happy
Christmas.

