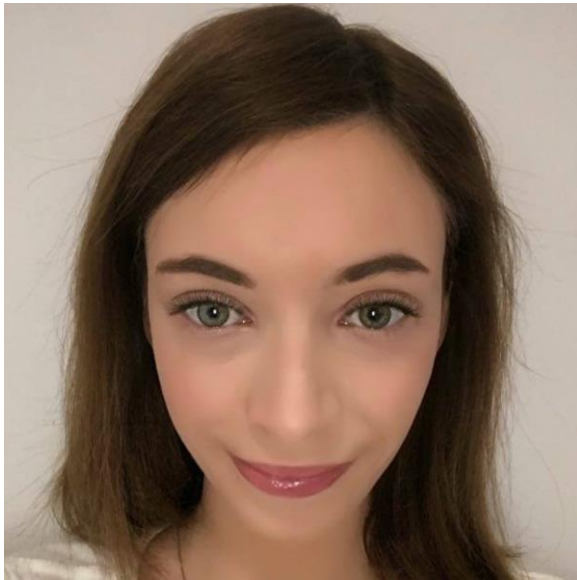




South East London Health Ambassadors





I am Elizabeth, the Health Ambassador for Autism in the boroughs of Lewisham, Lambeth and Southwark.



I am Dom, the Health
Ambassador for Learning
Disabilities in Southwark



We are people with lived experience who want to reduce Health inequalities and raise awareness



Fernanda Pedley
Programme Lead for Learning
Disability and Autism Programme
South East London ICS

SEL Learning Disability and Autism Programme

Fernanda Pedley, SEL LDA Programme Lead


24th November 2022

Learning Disability and Autism Programme



The NHS Long Term Plan



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Winterbourne View: Abuse footage shocked nation

© 26 October 2012



| Secret filming caught patients being dragged and slapped by support workers

By **Rebecca Cafe**
BBC News

It was the programme that shocked the nation.

BBC One's Panorama showed patients at a residential care home near Bristol, being slapped and restrained under chairs, having their hair pulled and being held down as medication was forced into their mouths.


The victims, who had severe learning disabilities, were visibly upset and were shown screaming and shaking.

One victim was showered while fully clothed and had mouthwash poured into her eyes.

Undercover recordings showed one senior care worker at Winterbourne View asking a patient whether they wanted him to get a 'cheese grater and grate your face off?'

The abuse was so bad that one patient, who had tried to jump out of a second floor window, was then mocked by staff members.

Andrew McDonnell, who works with adults with mental disabilities, labelled some of the examples seen on film as 'torture'.



**Transforming care:
A national response to
Winterbourne View Hospital**

*Department of Health Review:
Final Report*

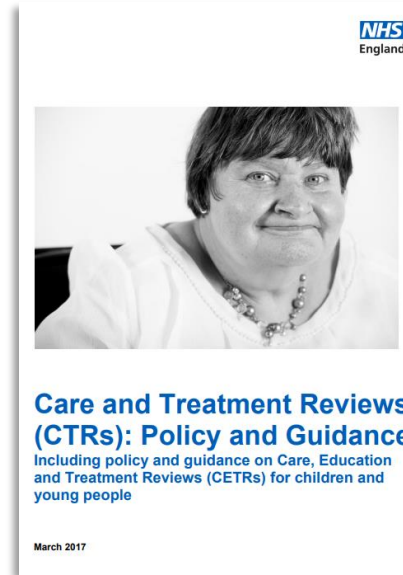
Transforming Care Partnership Programme



Building the right support

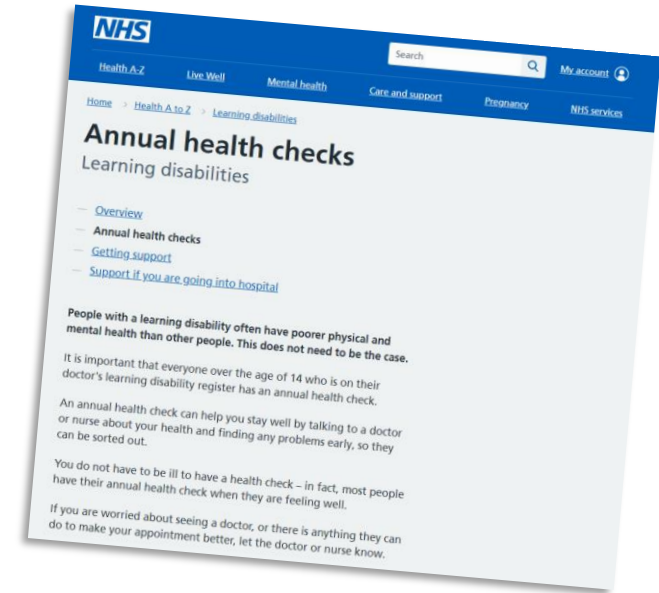
A national plan to develop community services and close inpatient facilities for people with a learning disability and/or autism who display behaviour that challenges, including those with a mental health condition

October 2015



Care and Treatment Reviews (CTRs): Policy and Guidance
Including policy and guidance on Care, Education and Treatment Reviews (CTRs) for children and young people

March 2017



Annual health checks
Learning disabilities

- Overview
- Annual health checks
- Getting support
- Support if you are going into hospital

People with a learning disability often have poorer physical and mental health than other people. This does not need to be the case. It is important that everyone over the age of 14 who is on their doctor's learning disability register has an annual health check. An annual health check can help you stay well by talking to a doctor or nurse about your health and finding any problems early, so they can be sorted out. You do not have to be ill to have a health check – in fact, most people have their annual health check when they are feeling well. If you are worried about seeing a doctor, or there is anything they can do to make your appointment better, let the doctor or nurse know.



We support
STOMP
Stopping over-medication of people with a learning disability, autism or both



Learning Disabilities Mortality Review (LeDeR) Programme

Oliver McGowan Mandatory Training


Health Education England

Communication Pack: Oliver McGowan Mandatory Training on Learning Disability and Autism

elearning launch
- 1 November
2022



www.nhs.uk We work with partners to plan, recruit, educate and train the health workforce.

The Oliver McGowan Mandatory Training on Learning Disability and Autism

Tier 1

For people who require general awareness of the support autistic people or people with a learning disability may need.



elearning with handbook

and



Online interactive session

Tier 2

For people who may need to provide care and support for autistic people or people with a learning disability.



elearning with handbook

and



Face to face training

or

Timeline

- W/C 31 October 2022 – Launch e-learning for Tier 1 and Tier 2
- Early 2023 – Code of Practice Consultation Commences
- Spring 2023 – online interactive sessions (Tier 1) and face to face training (Tier 2) commences
- Autumn 2023 – Code of Practice Launch

SEL Programme vision and strategy

SEL LDA's vision is for people with learning disabilities and/ or autism to achieve equality of life chances, live as independently as possible and to have the right support from mainstream health and care services.

In order to realise the vision, the SLA established an underpinning strategy, comprised of three key components, and acknowledged SEL-wide collaboration as a key enabler to transforming care and ensuring a sustainable approach beyond the lifetime of the programme.



Strategy

Reduce the number of people in hospital beds and treatment units through improved admission prevention interventions and enhanced discharge pathway planning and implementation.

Improve the quality of life and/ or care through improved care facilities and care delivery, focus on repatriation to home borough (where appropriate) and increase involvement in care and treatment decisions.

Ensure the right support is in place to enable and enhance community living experience through community services and support.





**Inpatient
Services**



**Admission
prevention**

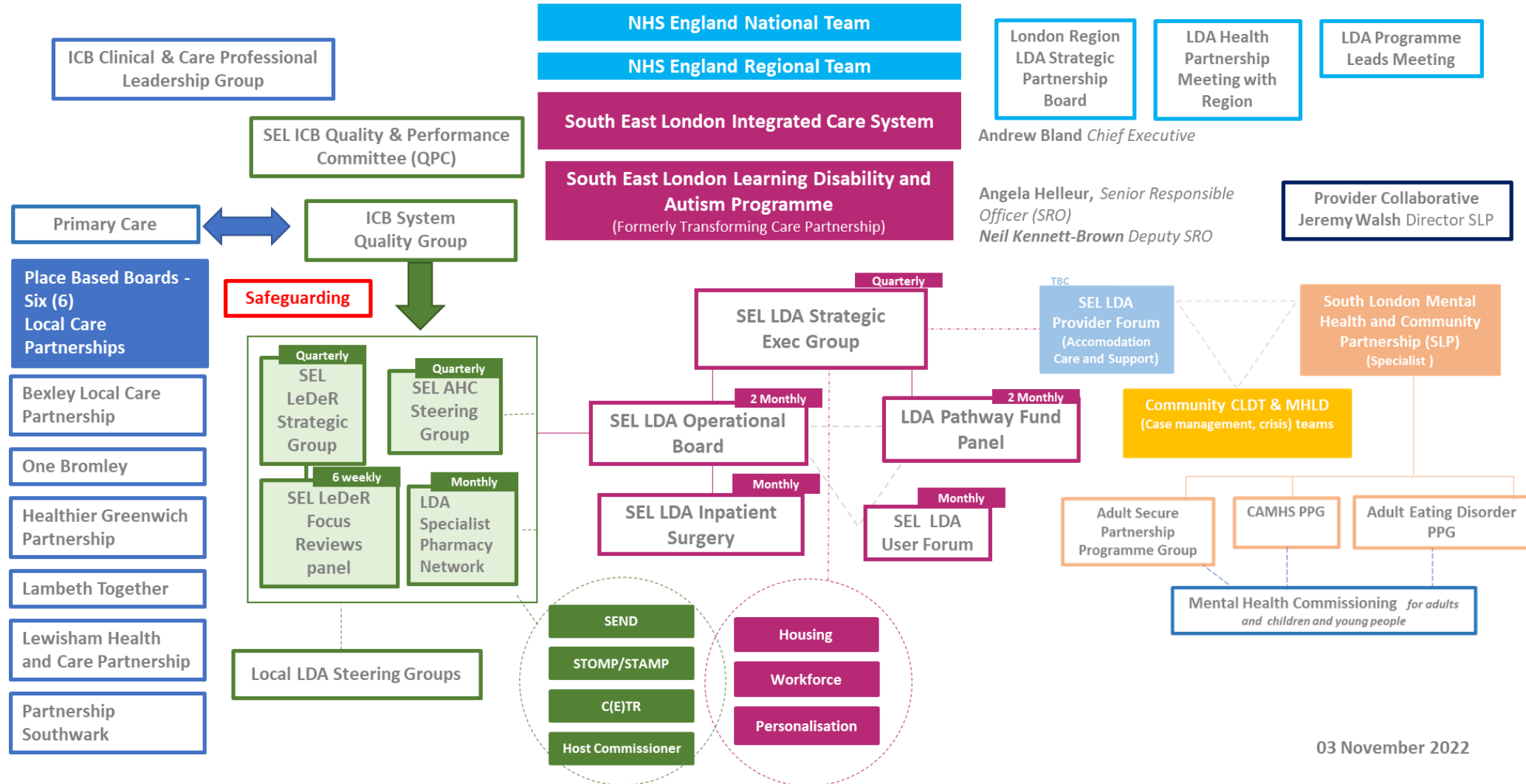


**Community
capacity**



Enablers





2014

Southwark Enhanced Intervention Service (EIS)
Specialist community and crisis support for adults in Southwark with learning disabilities.
Lead: Dr Jenni Shaw



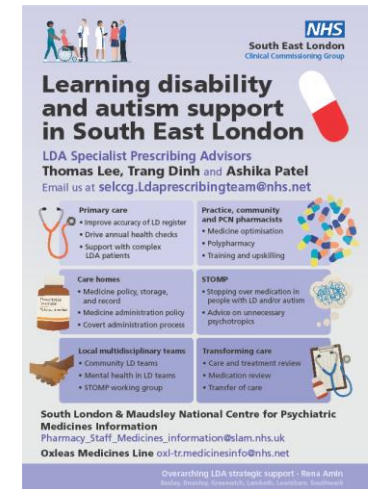
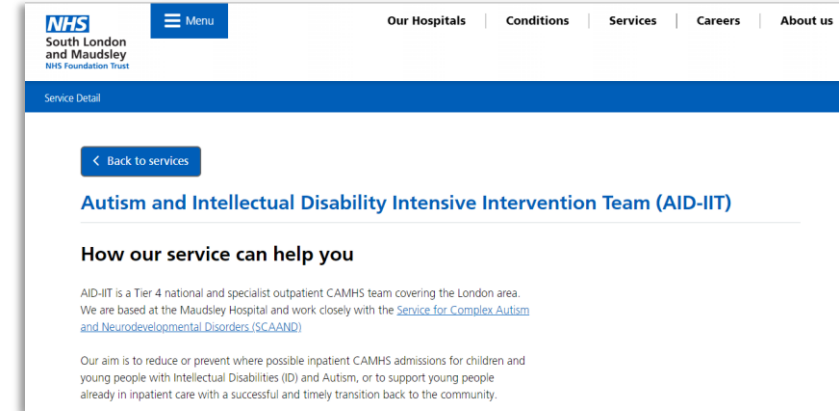
2022

Southwark Children Enhanced Intervention Service (CEIS)
Specialist community and crisis support for Children and young people in Southwark with learning disabilities.
Lead: Dr Jesse Campbell



2019

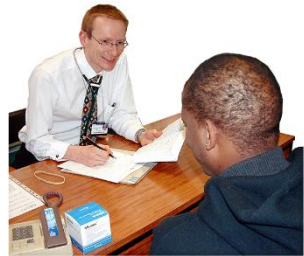
Transforming Care in Autism (TCA)
Specialist community support for adults in Southwark with Autism without a learning disability that are at risk of inpatient admission.
Lead: Dr Sophie Doswell



Learning Disability Annual Health Checks

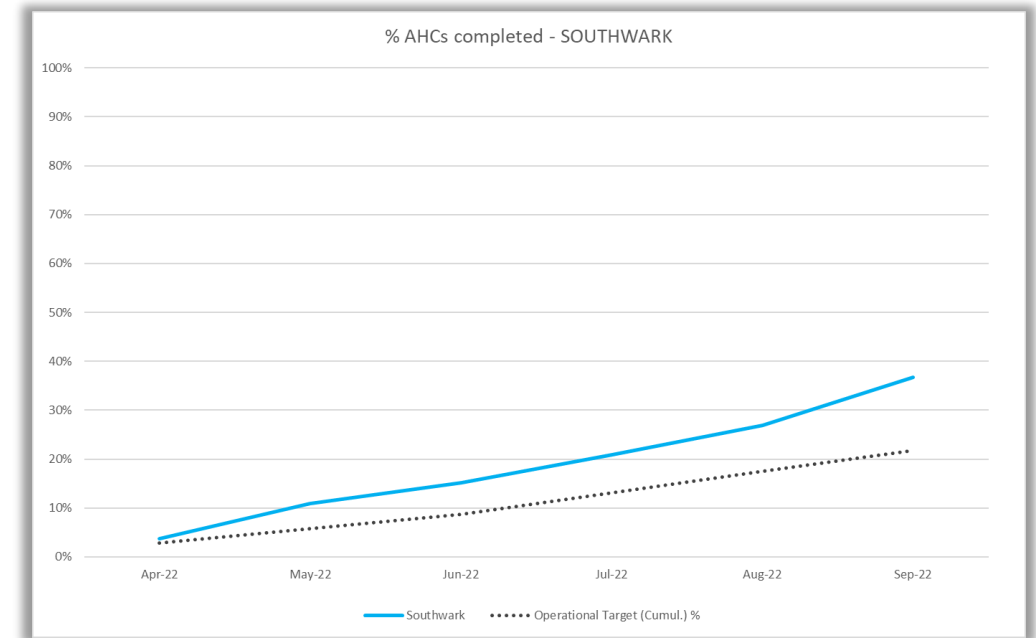


Annual Health Checks are for people with a learning disability aged 14 or above.



Annual Health Checks are done by GP once a year

**NHSE National target:
75% of LD Register**



Data source: [NHS Digital Website](#)



Learning Disability Awareness week 2022

Monday 20th June - Friday 24th June 2022

Learning Disability Awareness week is about telling people what life is like with a learning disability. The event is commissioned by the NHS South East London CCG and has been coordinated and will be delivered by partner organisations Advocacy in Greenwich, Advocacy for All and Lewisham Speaking up.

Our week of activities has been planned by people with learning disabilities and autism. We decided to have a mix of fun and serious sessions. Our sessions are accessible for all: people with learning disabilities, parent/ carers, friends, and professionals. The Awareness week is important because it gives people with learning disabilities a chance to:

- have their voices heard
- speak up and learn about subjects that are important to them
- educate others and raise awareness
- help to end discrimination

More information:

For any questions or queries, don't hesitate to get in touch with us HA@advocacyforall.org.uk

NHS South East London CCG is made up of the following boroughs: Bexley, Bromley, Greenwich, Lambeth, Lewisham and Southwark.



We have a mixture of zoom and in person sessions. Some sessions you will be able to choose if you want to join via zoom or in person.



JOIN US
The registration link to the event is here



© NHS UK 2022



Learning Disability and Autism



Learning Disability and Autism Big Health Week 2022

In person and virtual events from 7th to 11th November 2022



Delivered by



Commissioned by





We invited people with Learning Disabilities and or Autism to an event about better health and wellbeing



We wanted to know about their GP
Surgery and Hospital experiences



- Accessibility
- Annual health checks
- Being treated with respect
- Their experiences

34 People came to the event



- 15 people with learning disabilities
- 2 people with autism and Learning Disabilities
- 6 support workers
- 1 health professional
- 6 Health Ambassadors
- 4 project worker

Making things accessible



- Are you given extra time for your appointments?
- Are you given time to think and are you asked if you understand?
- Can you find your way around the building?
- Are changes made for you because of your learning disability or Autism?
- Are you given information in a way you understand?

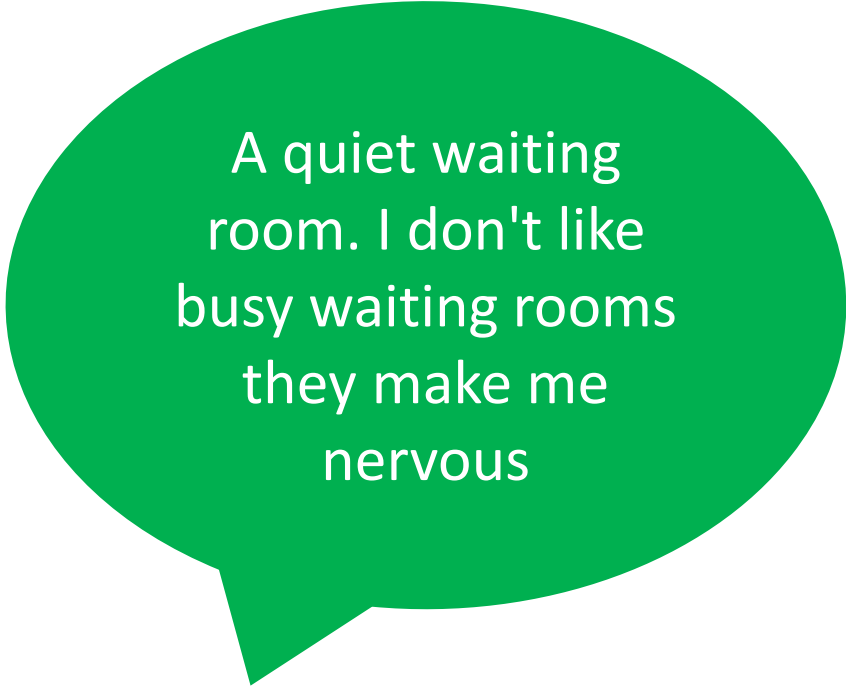
"The doctor talks to my sister and they ask me to leave the room"

"I have to ask for extra time"


"it's too hard to use the online app, I'll like to be able to call"

"The doctor just talks to my mum"

"I think my appointments a shorter"

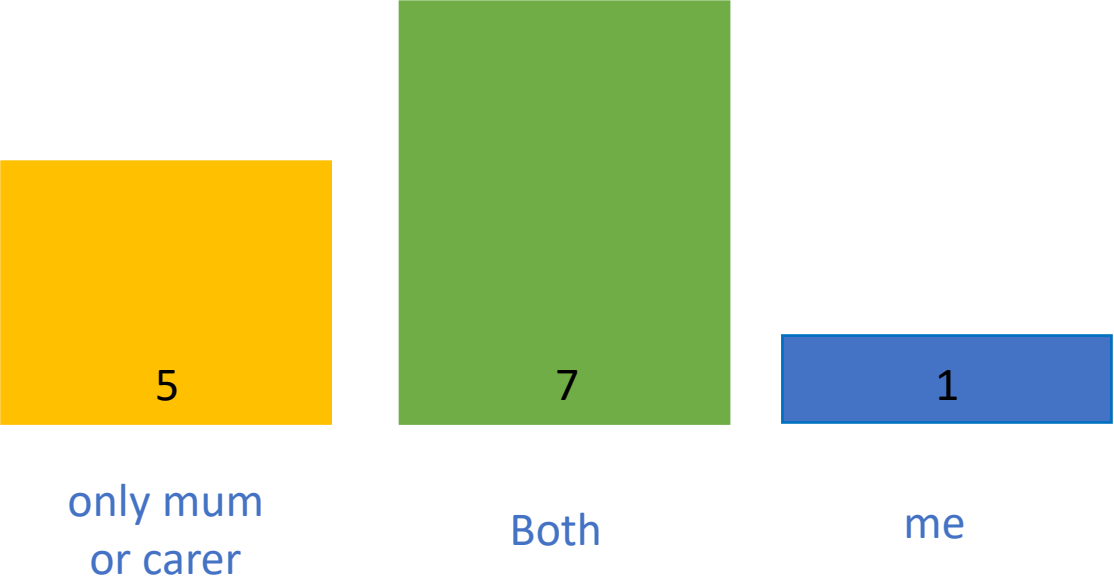
A green speech bubble with a white tail pointing downwards and to the left. It contains white text.

A quiet waiting
room. I don't like
busy waiting rooms
they make me
nervous

A yellow speech bubble with a white tail pointing downwards and to the left. It contains white text.

It's hard to get an
appointment as I don't
use a computer and I
can't get through on
the phone

Does your doctor speak to you or your carer?



Explain things
better

Use more
pictures

If you see your
doctor face to
face they can see
what's wrong
with you

No Jargon!

Don't rush!

Having more
time

Better support for
people with disabilities
in MRI scans. I couldn't
complete mine because
I was too stressed



Personal Health Profiles or PHPs

- We showed everyone a PHP known as a black book. This is used by Oxleas Foundation Trust, it is not available to people living in Southwark.
- It's used for Doctors, Dentist and Optician appointments.
- Most people at the event thought these were a good idea and would use one if it was available.

Treat us with
respect

Listen

Bigger and
better signs

Call out my name
as I can't read

Tell us what is going
to happen so I'm
not scared



We have the full report
that will be circulated

Top Tips for Health Professionals



From the
Health Ambassadors





**Thank you for
listening**



**Do you have any
questions?**

Training Programme to meet the Medical Needs of Adults with Learning Disabilities

Training programme to meet the medical needs of adults with a learning disability **is now open for applications**, please see more information below.

Training Programme to meet the Medical Needs of Adults with Learning Disabilities

A new training programme has been made available for senior healthcare professionals who care for people with a learning disability, including:

- General Practitioners (GPs) or GP registrars (ST3)
- Psychiatrists or psychiatry registrars (ST5-6)
- General medicine consultants or registrars (ST5-7)
- Registered Nurses - Band 6 or 7 upwards (depending on the role)
- Allied Health Professionals - Band 6 or 7 upwards (depending on the role)

Funded by Health Education England and created by the Royal College of Physicians (RCP) and Edge Hill University, the training is designed to help services meet the medical needs of adults with a learning disability and enable practitioners to provide high-quality and person-centred care.

The training programme involves experts by experience and consists of two modules. Those who take part in the course are expected to complete both modules, which will result in a postgraduate certificate. The second of the two modules is under development but will be available in the autumn of 2023.

For more information on the course content and other details, visit the [RCP webpage](#) or email credential@rcp.ac.uk